



CLUB COACHING POLICY - GUIDELINES

The development of club players is reliant on having trained and competent coaching staff. This policy / guideline document outlines information relative to the Mountain Creek Netball Club with respect to appointing and managing coaches.

The focus of all coaches is the development of a player netball skills, promotion of fair play and sportsmanship. Coaches are required to focus on the positives, improve player weaknesses and aim for maximum performance in players regardless of ability. Coaches will show a commitment to improving their own coaching abilities as well as those of their team charges. The predominant role of coaches will be the planning and running of training sessions and coaching their team at matches.

Positive or Pointless Program:

The positive or pointless program is a key tenet of our clubs coaching policy, and its principles and messaging are to be utilised by all coaches at all times.

It is a requirement that all Club Coaches adhere to the following club and association policies:

- MCNC Positive or Pointless Program ideals and aims;
- MCNC Communications Policy;
- MCNC Healthy Food & Drink Policy;
- MCNC Alcohol, Smoking & Safe Transport Policy;
- Sunshine Coast Netball Association Policies;
 - Code of Behavior;
 - Member Protection Policy;
 - Photo Policy;
 - First Aid Policy;
 - Sideline Policy;
 - Wet Weather Policy;
 - Complaints Policy; and
 - Under & Over Age Player Policy.

Mandatory requirements – All Coaches:

- All club coaches must apply for and hold a valid Working with Children – Blue Card whilst retained by the club as a Team Coach.

Training / Accreditation – Net-Set-Go Coaches:

- All volunteers who nominate to take on a NSG Coaching role with the MCNC must be willing to participate in the NSG Coaching development program (*to be established*).

Training / Accreditation – Divisional Coaches:

- All volunteers who nominate to take on a Divisional Coaching role with the MCNC must complete the Netball Queensland on Line Foundation Coaching Course (as a minimum), but also be willing to participate in the MCNC (Divisional Coaching development program (*once established*)).





Coaching your own children:

While the club does not prevent parents from volunteering to coach their own children, it does require that where this situation exists, the following guidelines be met:

- That all team members be treated equally, i.e. No favoritism is shown (either for or against the coaches' child/children);
- That the tenets of the Positive or Pointless Program be actively applied;
- That awards be managed and awarded with fairness and evenness, with the aim of encouraging the development of **all team members**.

Junior Players as Coaches:

The club appreciates that some junior players (under 18 years of age) want to coach, particularly the younger NSG teams. While this is welcomed, the club has the following guidelines;

- No junior player under the age of 18 can coach a team outright – each team must be coached by an adult, i.e. Someone aged 18 or over.
- This does not mean that a junior player cannot participate in a coaching role, but where this is the case they can only be appointed as an Assistant Coach acting under the guidance of the primary (adult) coach.

The reasons for adopting these guidelines are:

- The club has a duty of care to all our junior members and as such feel that this is better provided by adult supervision and direction;
- Parents have an expectation that the team coach will be an adult;
- Players respond better to an adult, particularly where decisions need to be made or directions given – this is often difficult and poses problems where the coach is a peer; and
- Where the coach is also a team player, it reduces the player workload and improves the quality of coaching to the team.
- The junior player can be mentored by the more senior (adult) coach.

Other requirements:

- Where a team consist of more than 7 players - all players must receive equal court time – players cannot develop if not given the opportunity to learn and apply new skills;
- Training is for skills development – if you want to expose a player to new or higher-level skills do it during training
- A coach cannot bring in players from another MCNC team when that team already has the required number or excess players;
- Coaches and Managers should work together to properly manage their respective teams, i.e. Coaches manage the players and managers manage the parents (expectations).
- At the end of the season do not make promises or comments to players regarding future teams or divisions – they may not be able to be realized.

